

## Building communities of hope: a strengths approach to community building (3 or 4 days)

This workshop explores the principles, processes and skills for working with people for change, and the implications for community capacity building. Participants will engage in numerous practical exercises that apply the critical skills of community building and will leave the workshop with clear strengths-based frameworks for community building activity.

The workshop explores the philosophical underpinnings of the strengths approach and strengths-based ways to generate hope and change including the particular skills of the strengths approach to community capacity building. Particular attention is given to developing a community vision and goal-setting; encouraging, supporting and sustaining change and community participation; facilitating community consultations and meetings; and developing a plan for community building.

